

# Help your employees take charge of their health

Our Sydney Health mobile app gives them access to health plan information and doctors — from anywhere.

Your employees have ongoing access to many valuable benefits. With the Sydney Health app, they can take advantage of features that help them save time, money, and manage their health, including:



Estimate costs



Check symptoms



Find care



Chat with a doctor



Access claims



Check benefits



View ID cards



Order medicine



Manage healthcare spending accounts

## Motivate your employees to download the app



Our Sydney Health toolkit is filled with personalized information and how-to's your employees can use right away.

[View the toolkit »](#)

Anthem 

# All the materials you need to get started with the Sydney Health app



## **Sydney Health flyer** [↓](#)

Distribute this flyer to help your employees understand the benefits of the app and how to use it.



## **Find Care flyer** [↓](#)

Let your employees know how our Care and Cost Finder tool can help them search for doctors and dentists, and compare costs.



## **My Health Dashboard flyer** [↓](#)

Share this guide to help your employees meet their health goals.



## **Email** [↓](#)

Share highlights of the smart new app.



## **My Health Records flyer** [↓](#)

Share this flyer to let your employees know about this helpful health records tool.



## **Introductory video** [↓](#)

Post to your intranet site or internal social feed to generate excitement.



## **Connect with Us flyer** [↓](#)

Give this flyer to employees for help with checking their symptoms and connecting with a health professional, whenever, wherever.



## **Blog post/Intranet article** [↓](#)

Remind employees to download the app by posting this on your company intranet.



## **Sydney Health Symptom Checker, Text Chat, Video Chat flyer** [↓](#)

A valuable resource for employees, this flyer covers the basics of how to get care from a mobile device.



## **FAQs** [↓](#)

Help employees understand the specifics of how the app works.

## Do you have questions about Sydney Health or these materials?

Reach out to your broker or Anthem Blue Cross team – they're ready to help.

